# **CHILDREN WITH OBESITY**



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#### **Obesity Facts Healthy Schools CDC**

Childhood obesity has immediate and long-term effects on physical, social, and emotional health. For example: Children with obesity are at higher risk of having other chronic health conditions and diseases that influence physical health.

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#### Good help in primary care for children with obesity

Children treated for obesity in primary or outpatient care have a relatively good chance of fending off weight problems over the next few years as well, a study published in Acta Paediatrica shows.

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# Preventing Obesity in Children Causes of Child Obesity

What Causes Obesity in Children? Children become overweight and obese for a variety of reasons. The most common causes are genetic factors, lack of physical activity, unhealthy eating patterns, or

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#### **Overweight and Obesity For Parents KidsHealth**

Preventing kids from becoming overweight means making choices in the way your family eats and exercises, and how you spend time together. Helping kids lead healthy lifestyles begins with parents who lead by example. Obesity puts kids at risk for medical problems that can affect their health now and

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# **Obesity In Children And Teens aacap org**

The problem of childhood obesity in the United States has grown considerably in recent years. Between 16 and 33 percent of children and adolescents are obese.

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## In children with obesity impulsivity may be linked with

Children with obesity may be more impulsive than those with normal weight, but during family-based behavioral treatment (FBT), the more impulsive of children with obesity may lose more weight, a

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## Family based Obesity Treatment in Children with Disabilities

Children with disabilities should have regular counseling regarding the importance of a healthy diet and physical activity, and children with cognitive disabilities requiring weight management can receive effective treatment within family-centered, interdisciplinary obesity treatment programs like the one presented here.

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## Childhood Obesity Trends The State of Obesity

The prevalence of obesity and severe obesity increases with age. In 2015-2016, 13.9% of children ages 2 to 5,

18.4% of children ages 6 to 11 and 20.6% of children ages 12 to 19 had obesity.

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